

**For additional information and assistance on material covered in this brochure:**

**Board of Parole Hearings  
Victim Services Coordinator**

P.O. Box 4036  
Sacramento, CA 95812-4036  
(916) 327-5933  
Toll Free: (866) 278-9282

**California Department of  
Corrections and Rehabilitation  
Office of Victim and Survivor Rights  
and Services**

P.O. Box 942883  
Sacramento, CA 94283-0001  
(916) 322-6676  
Toll Free: (877) 256-6877  
(916) 445-3737 Fax  
[www.cdcr.ca.gov/Victim\\_Services](http://www.cdcr.ca.gov/Victim_Services) or  
ovssinet@cdcr.ca.gov

**Crime victims can request transcripts of  
Parole Suitability Hearings 30 days after  
the hearing date.**

**For more information visit:**  
[www.cdcr.ca.gov/BOPH/psh\\_transcript.html](http://www.cdcr.ca.gov/BOPH/psh_transcript.html)

**or call:  
1-877-256-6877**

**For financial assistance  
to crime victims:**

**Victim Compensation and  
Government Claims Board**  
P.O. Box 3036  
Sacramento, CA 95812-3036  
(800) 777-9229

[www.victimcompensation.ca.gov](http://www.victimcompensation.ca.gov) or  
info@vcgcb.ca.gov

**For additional resources/assistance:**

**Victims of Crime Resource Center  
McGeorge School of Law**  
3200 Fifth Avenue  
Sacramento, CA 95817  
(916) 739-7056  
(800) VICTIMS / (800) 842-8467  
(916) 739-7395 Fax  
[www.1800victims.org](http://www.1800victims.org) or  
victim2@pacific.edu

**Office of the Attorney General  
Office of Victims' Services**  
P.O. Box 944255  
Sacramento, CA 95814  
(877) 433-9069 toll-free  
[www.ag.ca.gov/victimservices](http://www.ag.ca.gov/victimservices) or  
victimservices@doj.ca.gov

**Victim/Witness Assistance Centers**  
(Call your local District Attorney's Office)

## **A Guide for Writing Victim Impact Statements for Parole Consideration Hearings for Life-Sentenced Adult Inmates**



**California Department of  
Corrections and Rehabilitation  
Office of Victim and Survivor Rights  
and Services**

### **Right to Attend and Testify**

After the offender is committed to an institution within the California Department of Corrections and Rehabilitation (CDCR), you have the right, as a victim of crime, to attend the offender's parole hearings to give a statement (Penal Code Section 3043). This is your opportunity to tell the people making decisions about the offender who committed the crime against you how you and your loved ones have been affected by the crime. Your *victim impact statement* ensures that your voice is heard.

A parole hearing is a hearing to determine whether an inmate should be released on parole. Only adult inmates sentenced to life in prison with the possibility of parole receive parole hearings. An example of a life sentence with the possibility of parole is when an inmate is sentenced to serve a term of "15 years to life."

Inmates serving such sentences are automatically eligible for a parole hearing 13 months prior to their "minimum eligible parole date" or MEPD. An inmate's MEPD is the earliest possible date they can be released, based on their sentence. Just because an inmate has been scheduled for a parole hearing does not mean he or she will be released on parole. The Board of Parole Hearings (BPH) will determine whether inmates are suitable for parole. Inmates sentenced to life with the possibility of parole are not *entitled* to parole and can be held in prison for life.

To attend the parole hearing in person, call the BPH Victim Services Coordinator at (916) 327-5933 or toll free at (866) 278-9282 when you receive your hearing notice.

### **What is the purpose of a *victim impact statement* and how is it used?**

*Victim impact statements* provide an opportunity for panel members to understand how this crime has affected you, your family, and those close to you. Many victims have found it helpful to voice how their lives have been impacted by the crime committed against them physically, financially, emotionally and even spiritually. Victims and their family members speak last at parole hearings, just before the panel deliberates. Statements usually range from 5-15 minutes in length.

Without your input many offenders may never know the true impact of their actions.

### **What should I include in my statement?**

Only you know how to best describe the effects this crime has had on you and those close to you. We realize it may be difficult to describe in words how this crime has affected you. To assist you with your thoughts and feelings, it is recommended you write an impact statement on paper.

If you would like to share the emotional and mental impact you may consider:

- How life has changed for you and those close to you.
- How your ability to relate to others has changed.
- Any counseling or other support you have obtained to help you cope.
- Fees incurred for counseling or therapy for you and your family.
- Certain details of the crime and the offender's actions you want the panel to know.

If you or your family members were injured you may wish to describe:

- The specific physical injuries you or members of your family have suffered.
- How long your injuries lasted or how long you expect them to last.
- Any medical treatment you have received or expect to receive in the future and the medical expenses you have incurred.
- Your inability to work and lost wages.

### **Do I have to make a *victim impact statement*?**

It's your choice whether you make a *victim impact statement*. However, no one knows better than you how this crime has changed your life. It is very important for you to help the panel members understand all of the ways this crime has affected you and those close to you. Whether or not you choose to submit a *victim impact statement* is a decision made by you and your family. It is a voluntary right that you have as a victim of crime.

If you choose not to attend a hearing but would like your impact statement considered, you can mail or fax your statement to the Classification and Parole Representative (C&PR) office at the institution.

You can also submit an audio or video statement (with transcript), appear via video conference at the DA's office, or have someone speak on your behalf.

*"A victim gets plugged into the system when it's convenient for the system...and forgets them when they've served their purpose. I think that a Victim Impact Statement balances the scales of justice. For once the victim has an advocate...his/her words."*

- Victim